



PLANTS IN THE DR. HOWARD GARDEN

Greenfield Village – 2009

These herbs are documented medical treatments used by Dr. Howard in the 1860s. Greenfield Village does not recommend use of these herbs for any medicinal purpose.

BASIL *Ocimum basilicum*: Helps relieve nervous headaches and used as a digestive

BLACK COHOSH *Cimicifuga racemosa*: Antispasmodic, pain relief, edative

BLUE FLAG IRIS *Iris versicolor*: Used for gastric disturbances

BURDOCK *Arctium minus*: Used for skin problems, dandruff

CATNIP (Catmint) *Nepeta cataria*: Used for toothache, intestinal cramps

CAYENNE PEPPER *Capsicum annuum*: Circulatory stimulant and decongestive

CHICORY *Cichorium intybus*: Diuretic and laxative

COMFREY *Symphytum officinale*: Used to speed healing

DANDELION *Taraxacum officinale*: Diuretic

CURLY DOCK *Rumex crispus*: Used for the stomach

ELECAMPANE *Inula helenium*: Antiseptic, used for coughs

FALSE BLUE INDIGO *Baptisia australis*: Anti-inflammatory, purgative, poultice

FENNEL *Foeniculum vulgare*: Stimulates digestion

FOXGLOVE *Digitalis purpurea*: Used to produce cardiac glycosides, TOXIC

HOREHOUND *Marrubium vulgare*: Used for snakebite, laxative, cough remedy

HORSERADISH *Cochlearia amoracia*: Used as a diuretic

JACK-IN-THE-PULPIT *Arisaema triphyllum*: Fiery-hot roots made into tea for colds

LAVENDER *Lavendula angustifolia*: Sedative

LUNGWORT *Pulmonaria officinalis*: Mucilaginous tea for coughs

MARSHMALLOW *Althaea officinalis*: Soothing for any mucous membrane irritation

PLANTAIN *Plantago major*: Used for internal and external wounds and sores, to stop bleeding, insect bites

RASPBERRY *Rubus idaeus*: Uterine tonic

ROSE HIPS *Rosa*: Anti-inflammatory

ST. JOHN'S WORT *Hypericum perforatum*: Soothing for wounds

SWEET JOE-PYE WEED *Eupatorium purpureum*: Root used for urinary tonic

TANSY *Tanacetum vulgare*: Used to discourage lice, flies, vermin

TARRAGON *Artemisia dracunculus*: Stimulates appetite

VALERIAN *Valeriana officinalis*: Herbal cerebral sedative

WAHOO *Euonymus atropurpureus*: Purgative, TOXIC

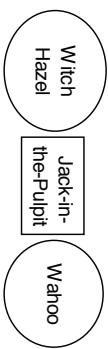
WITCH HAZEL *Hamamelis virginiana*: Used as an astringent, sedative

WORMWOOD *Artemisia absinthium*: Used as a vermifuge (expels worms)

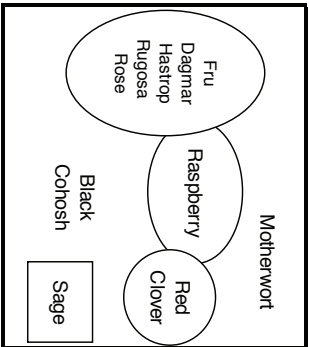


MAP OF THE DR. HOWARD GARDEN IN GREENFIELD VILLAGE 2009

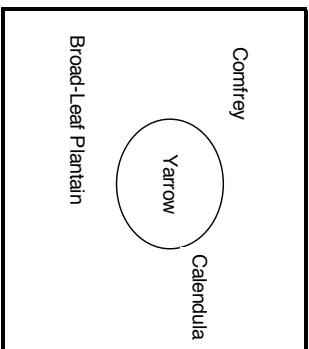
The Dr. Howard Garden displays some of the plants that Dr. Howard would have used to treat his patients about the time of the Civil War.



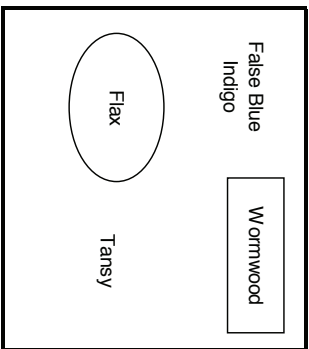
Dr. Howard's Office



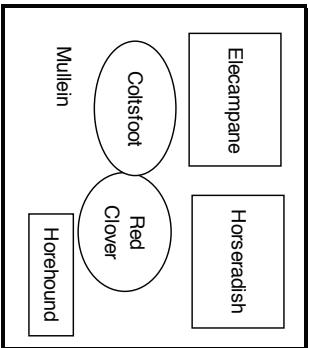
1. Women's Health



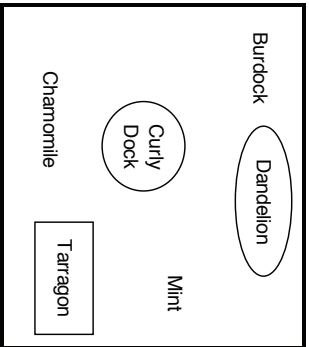
2. First Aid



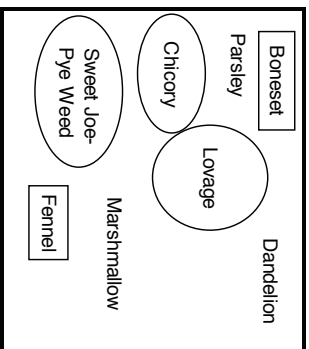
3. Miscellaneous



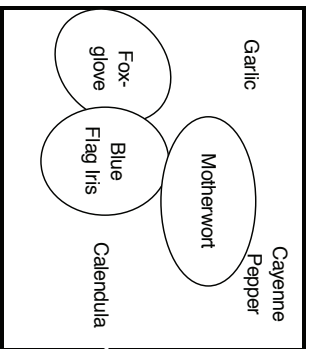
4. Respiratory System



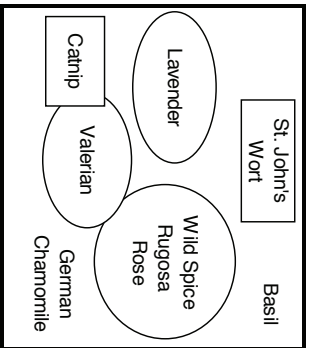
5. Digestive System



6. Urinary System



7. Circulatory System



8. Nervous System